



Adriatic
Kayak Tours

croatia

AND MONTENEGRO: ACTIVE VACATION DESTINATIONS

2013



dear travelers



Tamsen Resor
Founder

My first glimpse of Dubrovnik was in July of 2002. The car I was riding in rounded a bend on a mountain road to reveal the green hills and rocky coast of Lokrum Island below. Then Dubrovnik's mosaic of red tile roofs and stone city walls set against the deep blue Adriatic came into view. I was captivated instantly.

I bought a house, a sea kayak, and a bike and made Dubrovnik my home.

I immediately fell in love with Croatia's unspoiled Dalmatian coast. It is a true paradise for active or adventure travelers like me. In this small region the forces of nature, history, and European culture converge to create a destination of beauty and wonder.

I founded **Adriatic Kayak Tours (AKT)** to offer travelers the perfect blend of activity and relaxation in surroundings that continue to stun and charm visitors. Our flexible tours are designed to satisfy your spirit of exploration and your need for a rewarding vacation. I invite you to take this incredible journey with me and AKT. You'll return home refreshed and energized.

Sincerely,

Founder

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escape

Open a door to another world.

Escape to a magical place where a brilliant blue sea, cascading waterfalls, sunlit beaches, stunning vistas and centuries-old architecture mesh with modern-day cities and quaint fishing villages.

Southern Dalmatia's rich history, vibrant culture, and spectacular landscape provide the foundation for a truly enriching and exciting vacation experience.

The medieval walled city of Dubrovnik, on the east coast of the Adriatic Sea, has inspired poets and enchanted travelers for generations. It is a jewel of breath taking beauty, sometimes called the new Riviera or the new Capri.

Here, in Dubrovnik, **Adriatic Kayak Tours** makes its home base. We know that you will be captivated by our city, our coastline, and our people.

dobro došli!
welcome!



Let **Adriatic Kayak Tours** unlock the portal to one of Europe's best-kept secrets. We invite you to explore and discover the wonders of this incredible paradise with us.

Combine sea kayaking in Croatia, rafting Montenegro's Tara River, and hiking Albania's remote mountain trails for the ultimate Balkan adventure experience. Visit the AKT web site for information on additional tour offers.

astronauts claim that the **Adriatic Sea**, when viewed from outer space, is the cleanest and bluest sea on the planet.

explore



Adriatic Kayak Tours believes in the holistic approach to travel.

What better way to explore the unspoiled wonders of a coastal region than to paddle its coastline? Enjoy warm Mediterranean sunshine, crystal blue Adriatic waters, delicious regional cuisine, warm hospitality, quaint, but modern accommodations and the emotional and physical satisfaction of leaving the hustle and bustle of the mundane behind. Let AKT's experts show you the true pleasures of an active vacation.

*One of your own choosing.
On your own terms.
At your own pace.*

Explore for just a day or several days — it's up to you.

Travel for a day or for a week. It's your vacation, so you choose the itinerary that suits you best. But know, you'll always benefit from our vast knowledge of the area; its secret pathways, hidden treasures and rare finds. In this scenic landscape, you will actively participate in discovering the vast beauty of each location and its people. We offer a variety of trips featuring different islands, paddling distances and specialized activities. We invite you to see a detailed listing of all of our tour offerings beginning on page 8.

Chart your own course — what you'll find are pleasant surprises!

The experience is yours. Our tours allow you to uncover the special attributes of each island — with a little guidance from our local AKT experts of course.

Whether your interest is in learning first-hand about the islands' natural ecosystems, taking a morning stroll to a local farmer's market, visiting Dalmatia's myriad of historical landmarks, or simply enjoying **kava** (coffee) at a local café-bar, you are sure to end your day feeling enriched and invigorated.



Personalized tours for all types of persons.

For advanced kayakers or novices, we have trips tailored to your specific needs and goals. We provide all necessary equipment and introductory lessons in shallow, protected bays. We supply the latest equipment, accommodations, and itineraries to ensure the safety and comfort of all participants. See page 22 for further details on what we provide and what you'll need to enjoy your AKT experience to the fullest.

Provisions for experts.

We are pleased to outfit advanced kayakers and traveling groups who wish to explore the region on their own. We provide equipment rentals and other specialized services. Please contact us directly for rates and further details.

Croatia has one of the ten **deepest** underground cave systems in the world.





experience

Experience the beauty of the Adriatic coast with our knowledgeable guides.

Let AKT be your guide to unlocking the wonders of this magnificent region. Travel with us to discover the cultural textures, lush landscapes, unique marine life and rich history of Dubrovnik and the surrounding islands. AKT experts are from the area, in

addition to being skilled kayakers and nature guides; they are well versed in local history, culture and folklore. Because our groups are small, we offer a highly personalized experience tailored to each group's goals.



The AKT travel experience includes all the necessary equipment.

We use American Wilderness Systems, UK P&H, and German Prijon touring kayaks with rudders. We have both single and double kayaks as well as a range of beginner, intermediate, and advanced kayaks. Paddles, spray skirts, life vests, dry bags, water shoes, and snorkeling gear are standard issue.

On our cycling tours, we provide Trek 7.2 FX hybrid bikes with small handlebar bags. Rear racks and bike helmets are available.

Have the experience of a lifetime — no previous kayaking experience is necessary.

We keep group sizes small, so you and your fellow kayakers will get the individual attention necessary to ensure that your trip is a safe, comfortable and enriching adventure.

We accommodate trip levels from novice to advanced and offer many tour options. Whether it's a leisurely half-day paddle to the beaches and botanical gardens on

the island of Lokrum or a week-long, island-hopping tour, know you will find your active tour a truly worthwhile experience.

Choose your ultimate vacation experience — pick your tour.

Our tour options are flexible, accommodating and fun. We encourage you to tailor a tour to your individual preferences, skill set and goals.

In the summer months the **water** temperature in Dalmatia reaches **27° C (81° F)**.

Day Tours

Half and full-day tours cater to vacationers who have already chosen Dubrovnik as their holiday destination and want an active and engaging way to experience the region. Kayak tours offer visitors the opportunity to venture to small islands away from Dubrovnik's tourist crowds. Hiking and biking in Konavle, a fertile valley wedged between the mountains and the sea, offers visitors a chance to enjoy Dalmatia's inland nature and to sample the region's local specialties.

Touring by kayak gives you an intimate view of Dalmatia. The islands are small and close together, so paddling by kayak is an ideal way see a great deal in a single day.

Sea kayak tours leave from one of two kayak bases near Dubrovnik: Zaton Bay and Lopud Island. Reservations can be made for all day tours one to seven days in advance at AKT's office in Dubrovnik, by phone, or at your hotel concierge. Online reservations can also be made up to seven days in advance on our website at www.adriatickayaktours.com. No deposit is required for reserving a day trip.

Book multiple day tours in Dubrovnik or combine kayak day tours with 1 to 3 day Montenegro Getaways (p. 21) to create a 2 to 7 day custom tour package.

Half-Day Tours

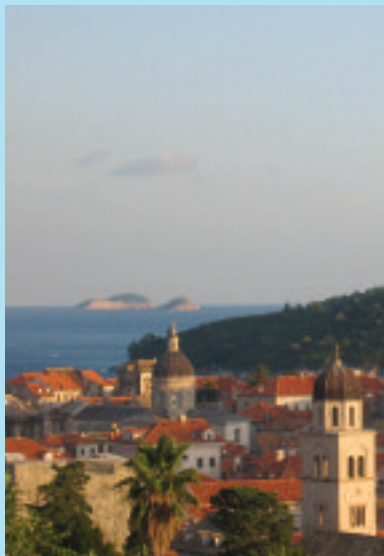
Zaton Bay and Beyond

Just 10 km north of Dubrovnik, Zaton Bay is a place of natural beauty and tranquility. The deep bay offers kayakers natural protection from Dalmatia's coastal winds and calm, safe paddling waters, free of Dubrovnik's busy motorboat traffic. A paddle around the bay reveals an old stone mill fed by bubbly underground springs, aristocratic villas from Dubrovnik's Renaissance, and three small villages with seaside konobas (cafés) to stop for a local coffee or beer. Beyond the bay lies uninhabited Daksa Island and a secluded cove set in steep coastal cliffs—perfect spots to swim, snorkel, cliff-jump, and relax.

Easy, 8 km

Departures from Hilton Hotel

Half-Day Tour daily 9 a.m. and 3 p.m.
280Kn / €37 / US\$48 / £30



Cliff Walk and Vineyard Tour

Trek well-maintained trails on a crest above the Adriatic 20 km south of Dubrovnik. Walkers and wine devotees will love this trail, framed by cypress trees, olive groves, and vineyards. Every step atop the Konavle Cliffs reveals a new panorama of the Montenegrin mountains, Bosnian countryside and, of course, the islands of Southern Dalmatia. The trail ends at a family owned vineyard and cellar, where a light lunch of local prosciutto, cheese, figs, salad, and olive oil accompanies a winemaking presentation. Varieties include Merlot, white Dubrovnik Malvasia, and Cabernet Sauvignon.

Easy, 8 km

Departures from Hilton Hotel

Half-Day Tour* 9 a.m. – 2 p.m.
400Kn / €55 / US\$70 / £45
Car transport, lunch, and wine tasting included
*Requires a 4 person minimum

Cliffs of Konavle Bike Tour

Cycle the seldom-traveled coastal road and the beautiful vineyard region of Konavle, a green valley wedged between the mountains and the sea. Cycle along cliffs hanging above the Adriatic, where Croatia meets Montenegro, and past rural hilltop villages and cypress forests reminiscent of Tuscany. This southernmost corridor of Croatia features vistas of the mountains of Montenegro, the Bosnian countryside, and the sea and islands of Southern Dalmatia.

Moderate, 20 km

Departures from Hilton Hotel

Half-Day Tour* 9 a.m. – 2 p.m.
350Kn / €46 / US\$60 / £38
*Requires a 4 person minimum

Note: Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.



Full-Day Tours

Koločeč Island: Cliffs and Caves

Kayakers who venture to Koločeč are rewarded with a sweeping vista of steep cliffs that rise abruptly from the sea, revealing dramatic wind-carved caves. Visit the island's two small settlements, hike its shady walking trails, and paddle to an unforgettable lunch in a charming seaside restaurant on the island.

Moderate, 15 km

Departures from Zaton, transport included

Full-Day Tour daily 9 a.m.

400Kn / €55 / US\$70 / £45

Lopud Island: Sandy Beaches

Lopud is an island without cars, with lots of sandy beaches and a colorful waterfront promenade. It is the liveliest and most developed of the Elafiti Islands.

Circumnavigate the island with a leisurely lunch stop and swim at Šunj Beach, one of Croatia's best sandy beaches.

Moderate, 12 km

Departures from Gruz ferry terminal, ferry transport included

Full-Day Tour daily 9:30 a.m.

400Kn / €55 / US\$70 / £45

3 Islands, 1 Day: Šipan, Ruda & Lopud

Ruda, a jewel of an uninhabited island, sits between Lopud and Šipan. This tour combines the rich history of Šipan, the sandy beaches of Lopud, and the beautiful cliffs, caves, and snorkeling spots of Ruda.

Easy, 10 km

Departures from Gruz ferry terminal, ferry transport included

Full-Day Tour daily 9:30 a.m.

400Kn / €55 / US\$70 / £45

Pedal & Paddle: Lopud & Šipan Islands

Paddle from Lopud to Šipan Island, the most remote of the three inhabited Elafiti Islands. Abandon kayaks for bicycles and cycle past vineyards, aristocratic villas, churches, and lush landscape to Luka Šipanska, an unpretentious fishing village in a deep bay. Šipan Island has the richest history and is the least touched by tourism in the Elafiti Archipelago. After swimming, hiking, and lunch in Luka, return to Lopud by kayak.

**Moderate, 10 km kayaking/
10 km biking**

Departures from Gruz ferry terminal, ferry transport included

Full-Day Tour daily 9:30 a.m.

400Kn / €55 / US\$70 / £45

Tara River Rafting, Montenegro

Leave Dubrovnik and the coast behind. The Tara River Canyon, a breathtaking canyon of steep limestone cliffs with cascading waterfalls, is Europe's longest and deepest gorge. White water raft an 18 km stretch of the Tara River, surrounded by pristine natural beauty unscarred by human intervention. The 3.5 hour drive from Dubrovnik is an adventure in itself.

Moderate, 18 km rafting

Departures from Dubrovnik
Car transport, equipment, guiding, and 2 meals included

Full-Day Tour* upon request,
8 a.m. – 8 p.m.

745Kn / €100 / US\$130 / £80

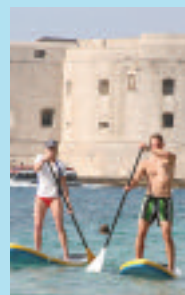
*Requires a 4 person minimum

See page 23 for additional Montenegro excursions.

New in 2013

Stand Up Paddleboards

Visit our website for SUP Touring and Rental information.



Week-Long Tours

Our week-long tours give you a true taste of Adriatic island life. As guests, you'll enjoy crystal clear seas, plenty of sunshine, and a rich cultural heritage. You'll paddle by medieval walled cities and uninhabited islands. You'll cycle past Renaissance villas set in Tuscan-like landscapes and hike trails scented with wild lavender and rosemary. Active vacationers find the laid-back atmosphere and warm climate truly satisfying.

Our 2013 season features new extended tour options and a broader range of activities in Croatia, Montenegro, and Albania in addition to our classic week-long and short break kayak tours. Tour extensions or "add-ons" include a one-day wine tasting tour near Dubrovnik, stand up paddle board rentals and tours, one to three day Montenegro Getaways, village to village hiking in Albania, family tours, and kayoga, a kayak and yoga week-long tour. 2013 offers a greater range of activities, settings, and cultural exposure in multiple Balkan countries. See the Adriatic Kayak Tours website for more information on these exciting new 2013 offers.

While sea kayaking is our primary focus, we have incorporated additional activities, like hiking and biking, on all week-long tours. Cultural exposure is a key component of AKT tours and is built into all itineraries, whether it be hiking to a hilltop monastery or eating a traditional meal at a local restaurant-winery. See pp. 20-21 for our 2013 Montenegro Mountain Break Getaways.

Island Hopping: The Elafiti Archipelago

Explore the Elafiti Archipelago on our most popular week-long tour. Its relaxed pace makes it perfect for families. We begin with a 40-minute ferry ride from Dubrovnik to Lopud Island. Situated in the middle of the three inhabited Elafiti Islands, Lopud is the perfect site for kayak touring the Elafiti Islands and for the tour's home base. You'll stay in a quaint stone guest house in Lopud's only town. You'll enjoy picturesque scenery and delicious local cuisine prepared at Lili's, a private restaurant overlooking the bay.

Days are spent "hopping" from island to island, as the three inhabited islands are very small and close together. Paddling distances are relaxed (about 15 km per day), leaving plenty of time to experience natural and cultural treasures. The region boasts some of the most fantastic beaches in Dalmatia. The islands are covered

with pine, cypress, fig, citrus, olive, palm, and magnolia trees. Fresh lavender, rosemary, oregano, and basil add a soothing fragrance to the air.

Evenings feature delightful meals with samplings of tasty local wines and beers. Guests may play beach volleyball, tennis, picigin (similar to hackysack), or simply sit back and relax.

8 days/7 nights, Friday to Friday

Arrival/Departure Point
Dubrovnik

Accommodations
Island guest house rooms with private attached bath

Island Hopping Tour Price*
7150Kn / €940 / US\$1230 / £770
Includes 7 breakfasts, 5 lunches and 3 dinners

Full Meal Option*
7710Kn / €1015 / US\$1330 / £830

Single Supplement*
1325Kn / €175 / US\$225 / £140



* Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.



Itinerary: Friday to Friday

- Day 1:** Arrive Dubrovnik; car transfer to AKT office
Explore Old City; walk city walls
Afternoon ferry to Lopud Island
Orientation dinner at Lili's
- Day 2:** Equipment issue; basic paddling instruction
Paddle Lopud's sea side to Šunj beach
Relax at Šunj; paddle to Sv. Andrija
- Day 3:** Morning hike to kayaks at Šunj
Paddle Koločep's cliffs
Swim & snorkel in blue cave
- Day 4:** Kayak to Trsteno on the mainland coast
Visit Trsteno's Arboretum and historic villas
Strokes and rolling class in Lopud Bay (optional)
Sunset and dinner on Lili's terrace
- Day 5:** Kayak to Ruda and Šipan Islands
Bicycle past villas & vineyards to Luka Šipanska
Lunch at Tauris; snorkel, swim, and cliff jump
- Day 6:** Kayak the coast north of Trsteno
Swim and picnic at Brsečine and Zali beaches
Cliff jump the arch cave
- Day 7:** Free day
Sight-see and shop in Dubrovnik, self-guided paddle or hike
Farewell dinner at Lili's
- Day 8:** Ferry to Dubrovnik
Transfer to airport for departure flights

2013 Departure Dates Island Hopping

Mar: 29*

Apr: 12*, 19*

May: 10, 24

Jun: 7, 14, 21, 28

Jul: 5, 12, 19, 26

Aug: 2, 9, 16, 23

Sep: 13, 27

Oct: 4, 11

* Accommodation in Dubrovnik

Paddle Dalmatia: Elafiti and Beyond

Enjoy the serenity, charm, and beauty of the Pelješac Peninsula, the outermost Elafiti Islands, and the Dalmatian coast. On this week-long tour, you'll paddle from Ston's meandering hilltop city walls to Dubrovnik, one of the world's best-preserved medieval walled cities.

This tour features longer paddling distances than the Island Hopping Tour (page 10-11) with three nights of camping under the stars. View the majestic mountains of the Pelješac Peninsula as you climb Ston's 14th century walls, snorkel and swim in crystal bays on the outer, uninhabited Elafiti Islands, explore seaside caves or jump from their cliffs, and dine on fresh mussels and oysters from Mali Ston.

Travel southward from the Pelješac Peninsula, through the eight islands that form the Elafiti Archipelago, and finish on the coast near Dubrovnik. You'll spend three nights at private campgrounds near the sea, and four nights in private guest house accommodations.

Except for picnic lunches, meals are served in local restaurants and cafés.

Local lore and fantastic food coupled with stunning vistas make for an unforgettable travel experience. As always, there is time to explore, enjoy, and relax alone or with the group.

Note: Please pack lightly and be prepared to paddle a kayak loaded with your personal gear and camping equipment. Dry bags and tents are provided. Suitcases may be stored at the AKT office in Dubrovnik during your kayak tour.

8 days/7 nights, Sunday to Sunday

Arrival/Departure Point
Dubrovnik

Accommodations

3 nights tented camping/
4 nights private guest house room



Tour Price*

7000Kn / €920 / US\$1200 / £750
Includes accommodations
and all meals

Single Supplement*

980Kn / €130 / US\$165 / £105

* Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.





Itinerary: Sunday to Sunday

- Day 1:** Arrive Dubrovnik; explore Old City
Issue camping gear and dry bags;
transfer to Zaton
- Day 2:** Kayak packing and paddling instruction
Paddle coast to Trsteno
Visit Trsteno's famous Arboretum
- Day 3:** Paddle north to camp Sladenovići
Swim and snorkel in the camp's secluded cove
Dinner at the camp's family restaurant
- Day 4:** Paddle to Pelijašac Peninsula
Dinner in Ston, famous for its mussels
and oysters
- Day 5:** Visit Ston's 15th century fortress and
defensive walls
Paddle the outer uninhabited Elafiti Islands
- Day 6:** Paddle along Šipan's towering cliffs
Jump the arch, snorkel into a hidden cave
- Day 7:** Paddle Lopud's open sea side to
sandy Šunj beach
Swim in Blue Cave on Koločep Island
Finish in Zaton. Farewell dinner in Dubrovnik
- Day 8:** Depart Dubrovnik

2013 Departure Dates Paddle Dalmatia

Apr: 28

May: 19, 26

Jun: 2

Aug: 25

Sep: 1, 8, 15, 22

Pedal and Paddle Mljet: Flexible and Luxurious

Our most flexible and luxurious tour package makes its base on Mljet, the legendary island where Homer's Odysseus spent seven years on his epic journey home from the Trojan War. Today, visitors are drawn to this densely forested island's extraordinary beauty and tranquility.

Largely uninhabited, almost one-third of the island has been designated a national park, protecting Mljet from the influx of tourism that characterizes much of Croatia. A park hallmark is its two inland saltwater lakes, one of which is home to a 12th century Benedictine Monastery that is the island's symbol. The park has a network of hiking and biking trails covering the entire northwestern tip of the island.

We spend three nights in a guest house in the small village of Kozarica and three nights in Hotel Odisij, the island's only hotel. This full-service hotel offers a range of dining options, as well as satellite television, Internet access, beach and lounge areas, windsurfing, sailing, diving, and cultural excursions.

Daily tour activities include paddling in protected water to nearby islands, leisurely hikes around the inland lakes, and challenging hill climbs on bicycles.* Tour highlights include your final day of kayaking — you will paddle from the open sea, through the narrow channel opening in the cliff walls, and into the island's inland lakes — and your hike to the legendary Odysseus cave to swim and snorkel.

Whatever unique path or paddle your group chooses to take each day, it will be an enriching and revitalizing experience. If it's peace and tranquility you seek, plus a little pampering, come to Mljet.

**Daily kayaking, biking, and hiking routes and distances are determined by the group and the weather.*

Note: We offer both novice and advanced tour levels. See online itineraries for details.



7 days/6 nights, Saturday to Friday

Arrival/Departure Point
Dubrovnik

Accommodations
3 nights private guest house rooms and
3 nights full service hotel

Tour Price*
8600Kn / €1130 / US\$1480 / £920
Includes accommodations
and all meals

Single Supplement*
1660Kn / €220 / US\$285 / £175



** Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.*



Itinerary: Saturday to Friday

- Day 1:** Arrive Dubrovnik; explore Old City
Late afternoon ferry to Mljet Island
Dinner at Marin's in Kozarica
- Day 2:** Introductory kayak instruction in harbor
Novice: Paddle Kozarica to Ploče
Advanced: Paddle Sobra to Kozarica
Swim & snorkel off islands along kayaking route
- Day 3:** Paddle to Pomena, National Park Headquarters
Bike around Malo and Veljko jez (inland lakes)
Explore Ploče's ancient Roman ruins
- Day 4:** Guided bike ride or day hike in Mljet National Park
Lunch at Mali Raj Restaurant
Swim and relax at the hotel beach
- Day 5:** Paddle the open sea to the channel leading to the inland lakes
Picnic lunch in the National Park
- Day 6:** Hike to the Odysseus cave to swim & snorkel
Visit a traditional vineyard; buy home grown olive oil
Farewell dinner at Marin's
- Day 7:** Ferry to Dubrovnik
Transfer to airport for departure flights

2013 Departure Dates Pedal and Paddle Mljet

Mar: 30

Apr: 20

May: 11, 25

Sep: 28

Oct: 5

Vis Island: Outer Limits

Join us on this kayak adventure around Vis Island, Croatia's most distant inhabited island. Still relatively unknown as a tourist destination, tiny Vis Island has a rich history, having served as the Adriatic outpost to many great empires and nations: Greece, Rome, Venice, Austria, France, England, and Italy.

Today, Vis Island's charm lies in its relative isolation, which has insulated it from commercial development and mass tourism. Lauded for its wild rugged beauty, and its deep connections to Mediterranean maritime heritage, the island is a true feast for the senses. Its restaurants are wonderful, and Vis wines, especially the white Vugava and red Plavac, are organically produced and superb. The island's crystalline waters and unspoiled shores rank among the cleanest on the planet.

The island's network of caves and secluded bays make it a sea kayaker's dream. A stone guest house in Komiža, one of two small settlements on the island, is your home on Vis.

Komiža is surrounded by steep mountains with views of Biševo islet, our destination on day three and home of Modra špilja (blue grotto).

Authenticity is the hallmark of this tour. Closed to tourists until 1998 because of its military role, Vis Island is a place truly stopped in time; an unspoiled island waiting to be discovered.

7 days/6 nights, Sunday to Saturday

Arrival/Departure Point
Split

Accommodations
Private guest house rooms

Tour Price*
8800Kn / €1160 / US\$1520 / £945
Includes accommodations
and all meals

Single Supplement*
1150Kn / €150 / US\$195 / £120

** Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.*





Itinerary: Sunday to Saturday

Day 1: Arrive Split

Late afternoon ferry to Vis Island
Explore Komiža; orientation dinner

Day 2: Equipment and kayak instruction in bay

Paddle NW tip island; picnic in Uvala (bay)
Zukamice

Afternoon cliff hike and dinner at winery

Day 3: Circumnavigation of Biševo Island

Kayak and swim in Biševo's Modra špilija
(blue grotto)

Lunch in Sablunara Bay

Day 4: Paddle south side of Vis: Komiža to Rukavac

Swim and snorkel in Uvala Stiniva

Lunch at mala Travnica

Day 5: Paddle to Zelina špilija (green cave)

Swim on Budikovac Island

Lunch and beach volleyball in Uvala Stončica

Day 6: Explore Vis town

Long Day: Paddle Vis to Komiža

Short Day: Paddle Vis to Uvala Oključna

Farewell dinner in Komiža

Day 7: Morning ferry to Split

Transfer to airport for departure flight

2013 Departure Dates Vis Island: Outer Limits

Jun: 16

Jul: 7, 14

Aug: 11, 18

A combined sea kayaking and diving tour is offered upon request. Certified divers may opt for 2 or 3 days of diving; inexperienced divers must enroll in a three-day certification course. Inquire directly about tour details.



Short Break: The Elafiti Archipelago Region in Just Five Days!

Too busy to devote an entire week to kayak touring in Europe? Or do you simply crave a long weekend getaway filled with sunshine, outdoor activities, and great food? Take a Short Break! Like our Island Hopping Tour, AKT's Short Break Tour offers the beauty of the Elafiti Archipelago

region, geared for travelers who are on a tighter timeline. Short Break Tours are based on Lopud Island near Dubrovnik. Short Break Tours are a condensed version of Island Hopping (see pages 10-11).

5 days/4 nights, Friday to Tuesday

Arrival/Departure Point
Dubrovnik

Accommodations
Island guest house rooms with private attached bath

Tour Price*
4400Kn / €580 / US\$750 / £470
Includes accommodations and all meals

Single Supplement*
780Kn / €100 / US\$135 / £80

** Prices are in Croatian Kuna.
EUR, US\$, and GBP prices are subject to currency rate fluctuations.*

Itinerary: Short Break

- Day 1:** Arrive Dubrovnik and explore Old City
Afternoon ferry to Lopud Island
Explore Lopud's waterfront promenade
Orientation dinner at Lili's
- Day 2:** Equipment issue, basic paddling instruction
Paddle Lopud's sea side to Šunj beach
Optional paddle to Sv. Andrija Island
- Day 3:** Full day paddle around Koločep Island
Swim and cliff jump
Snorkel in Blue Cave
- Day 4:** Kayak to Trsteno on the mainland coast
Visit Trsteno Arboretum and historic villas
Farewell dinner on Lopud Island
- Day 5:** Early ferry to Dubrovnik for departure

2013 Departure Dates Short Break

Mar:	29*
Apr:	12*, 19*
May:	10, 24
Jun:	7, 14, 21, 28
Jul:	5, 12, 19, 26
Aug:	2, 9, 16, 23
Sep:	13, 27
Oct:	4, 11

* Accommodation in Dubrovnik

Montenegro

Independent again since 2006, this tiny country boasts Swiss-like mountains, alpine lakes and river cut canyons to rival Colorado, the largest fiord in southern Europe, and a stunning Adriatic coastline. Let AKT help you explore the natural beauty and warm hospitality of this emerging destination.

The week-long “Mountains and Sea Tour” combines the best of the Montenegro’s coast and inland mountains. Sea kayak in the Bay of Kotor and enjoy mountain activities in the northern interior. Paddle to two UNESCO World Heritage sea-side villages. Raft the Tara River – Europe’s longest and deepest gorge. The drive from coast to inland peaks is an unforgettable experience.

1–3 day “Mountain Break Getaways” are excursions from Dubrovnik to Montenegro’s mountains. White water raft the Tara River Canyon; hike and bike the alpine trails of Durmitor National Park. Enjoy outdoor meals around a campfire with nearby mountain streams. Stay in rustic log cabins with bunk beds and modern bathrooms. Combine a Mountain Break Getaway with sea kayaking in Croatia for a “Best of the Balkans” holiday!

* Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.

Mountains and Sea Tour

Enjoy sea level kayaking in the Bay of Kotor. Massive mountain slopes rise abruptly from the sea. The coastline is dotted with historic villages and two UNESCO World Heritage sites – the medieval walled city of Kotor and picturesque Perast. Paddle to every nook and cranny in the fiord from home base, a restored seaside villa in Lepetane at the bay’s mid-point. Explore WWII submarine tunnels in the bay’s cliffs, postcard perfect small church islands near Perast, and waterfalls that spill into the bay near Risan. Gaze up at Kotor’s walls while paddling to sea side restaurants serving local wine and the day’s catch.

The transition from Adriatic coastal life to majestic mountain is an adventure in itself. Switch-backed roads and stone tunnels zip you to the mountains. Visit a gleaming white cave monastery set in a sheer cliff wall. Reach a riverside log cabin campground, gateway to Durmitor National Park, and enjoy the crisp mountain air and a hearty meal around an open campfire.

7 days/6 nights, Saturday to Friday

Arrival/Departure Point Dubrovnik

Accommodations

4 nights private seaside villa/2 nights bunkhouse cabins with bathrooms

Tour Price*

7300Kn / €960 / US\$1250 / £780

Includes all accommodation, meals, transport, equipment, guiding & park fees

Single Supplement

Not available

Itinerary: Mountains and Sea

- Day 1:** Arrive Dubrovnik; transfer to Lepetane, Bay of Kotor
- Day 2:** Kayak instruction in the bay
Paddle to Perast and the church islands
Hike Kotor’s city walls
- Day 3:** Explore WWII submarine tunnels
Explore Herceg Novi’s historic waterfront
- Day 4:** Drive north to mountains
Visit Ostrog Monastery
Dinner around the campfire
- Day 5:** White water raft 18 kms of the Tara River Canyon
Dinner around the campfire
- Day 6:** Bike Durmitor Park’s rim road
Lunch on top of the pass
Return to Lepetane
- Day 7:** Departure flights from Dubrovnik

2013 Departure Dates Mountains and Sea Tour

Apr: 27

May: 4, 11

Jun: 1, 8

Jul: 13, 27

Aug: 17, 24

Sep: 14, 21





Mountain Break Getaways

Tara Rafting Day Trip 8 AM – 8 PM

Leave Dubrovnik and the Adriatic coast via southern Bosina & Hercegovia for the rugged mountains of northern Montenegro. The Tara River Canyon, a breathtaking canyon of steep limestone cliffs with cascading waterfalls, is Europe's longest and deepest gorge. White water raft an 18 km stretch of the Tara River, surrounded by pristine natural beauty unscarred by human intervention. The 3.5 hour drive from Dubrovnik is an adventure in itself.

Departures from Dubrovnik

Full-Day Tour upon request
8 AM – 8 PM

Tour Price*

745 Kn / €100 / US\$130 / £80
Includes transport, equipment, guiding, and 2 meals

Raft, Bike, and Hike 2 days/1 night

Leave Dubrovnik and the coast for the rugged mountains of northern Montenegro. After lunch, spend 4-5 hours rafting the Tara River Canyon. Enjoy a hearty dinner around an open fire and sleep in a riverside log cabin. Day 2 moves to a separate region of Durmitor National Park to bike the upper plateau of rim road and hike the forested trails around Crno Jezero (Black Lake). Return to Dubrovnik to sleep.

Departures from Dubrovnik

Accommodations

Log cabins with modern bathrooms

Tour Price*

1620Kn / €215 / US\$280 / £180
Includes 1 night accommodation, transport, equipment, guiding, meals: 1 breakfast, 2 lunches, 1 dinner

Rafting & Canyoning 3 days/2 nights

Leave Dubrovnik and the coast for the rugged mountains of northern Montenegro. Days are spent on rivers; a day navigating an 18 km stretch of rapids through the 1000 meter deep Tara River Canyon and a day descending Nevidio Canyon to reach its underground stream. Sleep in cozy log cabins after dinner around an open campfire. Breakfasts and dinners are campsite overlooking the Tara River; lunches are packed picnics.

Day 1: depart Dubrovnik, afternoon hike, dinner and bonfire

Day 2: white water raft the Tara River, 18 km

Day 3: canyoning in Nevidio Canyon, return to Dubrovnik

Departures from Dubrovnik

Accommodations

Log cabins with modern bathrooms

Tour Price*

3000Kn / €400 / US\$520 / £330
Includes 2 nights accommodation, transport, equipment, guiding, meals: 2 breakfasts, 3 lunches, 2 dinners

Note: Mountain Break Getaways require a four-person minimum.

** Prices are in Croatian Kuna. EUR, US\$, and GBP prices are subject to currency rate fluctuations.*

What To Expect

Packing

The southern Dalmatian climate is moderate and warm in the spring and fall. The summer months are hot and dry.

Paddlers Daily paddling gear during the summer months is a swimsuit, Teva-style sandals, sunglasses, and sun protection. A lightweight polypropylene or fleece layer and a paddling or rain jacket should be included on early spring and late fall tours.

Campers Pack a sleeping bag, ground pad, and towel(s). You can also rent these items from AKT. Tents are provided by AKT.

Cyclists Pack a helmet, bike shorts, and gloves. Helmets are available from AKT upon request.

Hikers Pack a warm wool or fleece layer for Montenegro's mountains. Pack a sturdy pair of sneakers or walking shoes, or lightweight hiking boots.

For evenings Attire is generally casual. Pack shorts, lightweight pants, T-shirt, skirt, sundress, sandals, and a sweater or light jacket in spring and fall. Breathable fabrics, like cotton or linen, are recommended during the hottest months of July and August.

Luggage transport and storage Backpacks and suitcases are transported to the island by ferry and stored in your guest house or hotel room during your tour. AKT provides dry bags for your daily belongings (clothes, towel, camera, wallet) for dry storage in the kayak's bulkhead. Please note on page 12 the Paddle Dalmatia Tour requires kayakers to pack and carry their personal belongings.

Accommodations

Guest houses Accommodations feature privately owned guest houses in small villages on the islands. Houses are chosen for their local character and convenient locations. Rooms are simple, comfortable, and clean, with private bathroom, bed linens, towels, and refrigerators. Many rooms have kitchens, but none have phones, TV's, or Internet access. Rooms are double occupancy; single rooms may be requested, however a guarantee is subject to a single supplement fee.

Hotels Hotels are full service with dining, bar, lounge, Internet access and satellite television. Applies to Pedal and Paddle Mljet tour.

Camping Paddle Dalmatia campgrounds are registered auto camps with access to the sea. Camping nights in Croatia are sleeping bags in mountaineering tents. Campgrounds

provide shared indoor bathroom facilities. Camping nights in Montenegro are enclosed log cabins, bunkrooms and private rooms. Bathroom facilities are located nearby in a separate cabin.

Getting Around

Guest houses and campsites are chosen for their convenient locations. There are no cars on many of the smaller islands; they are connected to the mainland by regular ferry service. Bicycles are used for both touring and personal transport on the larger islands.

Food and Drink

Food is one of the highlights of our trips! The cuisine is Croatian Mediterranean and features fresh seafood, Dalmatian hams and cheeses, garden-grown fruits and vegetables, and superb Croatian beer and wine. Meals are long and relaxed. Breakfast is family style at your guest house or hotel. Lunch is either a sit-down restaurant meal or a picnic lunch while touring. Dinners are pre-arranged in private homes or restaurants chosen for their ambiance and fresh, high-quality food—the perfect way to end an active day.

Families with Children

Children ages 8 and up are always welcome when accompanied by a parent or guardian.



Terms and Conditions

Included in Tour Prices:

- Accommodations
- Airport transfers
- Car and ferry transfers
- Client insurance
- Kayak, bike, and snorkel equipment
- Guides and kayak instruction
- VAT and tourist taxes
- Meals*

* *Island Hopping Tour price includes dinner 3 of 7 nights. Choose the Full Meal option for an inclusive tour.*

Not Included:

- Air transportation
- Beverages and soft drinks
- Travel insurance
- Deviations from announced itinerary and independent excursions
- Personal expenses such as phone, fax, or e-mail
- Gratuities

Additional Services

Adriatic Kayak Tours (AKT) is a full service travel agency. We gladly offer assistance with local travel and accommodation referrals and reservations for an additional fee. Please contact us for details.

Extended Stays in Dubrovnik

AKT will recommend and reserve guest house rooms in Dubrovnik before or after your tour. Guest house rooms are located just outside the city walls and within walking distance to the AKT office, markets, restaurants, ferries, buses, and Stari Grad. AKT charges a €10/room booking fee.

Single Supplements

Guaranteed private rooms are available on all tours if reserved in advance. Single supplement fees are typically 185Kn/€25/guesthouse room/night. Different single supplement fees apply to hotel nights on the Pedal & Paddle Tour and camping nights.

Reserving Your Trip

Reservations for multi-day tours can be made by phone, fax, or e-mail. Downloadable Inquiry and Reservation Forms are available on our website. Reservations for week-long tours will be held for 3 weeks, after which time a 20% tour price deposit is required to confirm and hold your spot. Reservations for day tours can be made online or by phone 1-7 days prior to the tour date.

Payment and Deposit Policies

Prices are per person in Croatia's local currency, the Kuna. EUR, US\$, and GBP prices may fluctuate with currency exchange rates. Payment can be made by Visa or MasterCard, cash, or bank transfer. Credit card deposit payments can be made by phoning or faxing the AKT office in Dubrovnik. Foreign currency bank transfers are calculated at the HRK exchange rate on the transaction date. Balance due payments can be made upon arrival in Dubrovnik by credit card or cash.

Cancellation Policy

Deposit payment will be refunded in full for cancellations made at least 60 days prior to the start of a tour. Cancellations made 60 days or less before a tour start will not receive a deposit refund.

Itinerary Changes & Flexibility

You may transfer dates or tours without penalty, given space availability.

Group and Family Discounts

Groups of 6 or more receive a 5% per person discount. Families of 4 or more receive a 10% discount.

Limitations of Liability AKT is not responsible for physical injury, illness, or personal property damage or loss incurred by guests. AKT is not liable for expenses not specified as included in the trip cost. AKT reserves the right to make itinerary modifications due to weather or rough seas, to improve the trip quality, or to accommodate the well-being and comfort of guests.



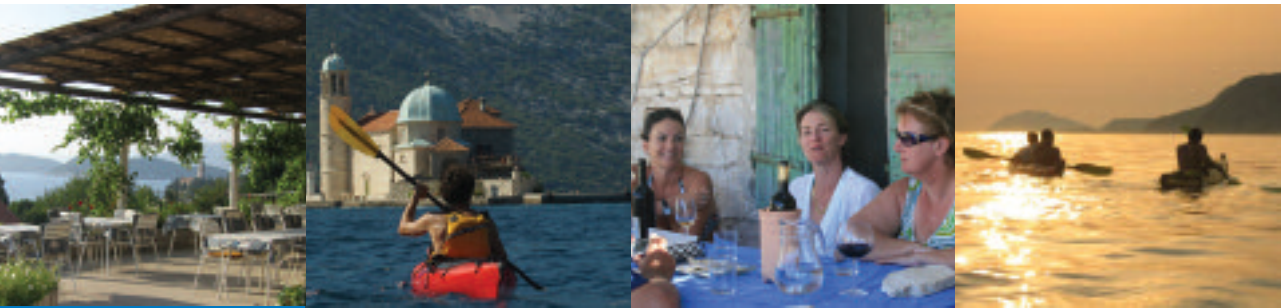
To Book a Tour

Multi Day Tours

To inquire about availability for specific multi-day tours, please submit an online Inquiry Form requesting a specific tour and date. You'll receive a response within 48 hours. Given availability, you will receive a Reservation Form, which can be returned by e-mail, fax, or post. AKT will hold a reservation for 3 weeks, after which time a 20% deposit is required to confirm and hold spots on a tour.

Single Day Tours

Reservations can be made for day tours up to one day in advance at AKT's office in Dubrovnik, with your hotel concierge, or at local tourist information centers. Online Reservations for day tours may be made up to seven days in advance. No deposit is required for reserving a day trip.



escape. Leave behind the stresses of everyday life and travel to a magical destination.

experience. Revel in a holistic blend of adventure and breathtaking beauty. Emerge refreshed and renewed.

explore. Discover untouched landscapes, mingle with locals, and learn about the region's amazing history.

enjoy. Join us for a vacation like no other: a life-changing tour that will enhance your understanding of Croatia's culture and natural environment.

Contact Us

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